

NCRAM

## Monthly Update

January 5, 2026

### US High Yield

The US high yield market gained 0.65% in December, raising full year 2025 performance to 8.50%, as measured by the ICE BofA US High Yield Constrained Index (HUC0). During the month, US Treasury yields rose modestly, and US high yield spreads tightened modestly. In general, December was a fairly quiet month, as the market maintained a positive outlook based on steady growth and falling Fed rates. Q3 GDP was reported at 4.3%, and while this figure overstates the trend due to timing anomalies, the report supports the idea that the US remains in a phase of steady growth around 2.5%. Also in December, the Fed cut rates as expected down to 3.5%-3.75%. CCCs outperformed while BBs underperformed on rising rates. Leisure, Automotive, and Telecommunications were the strongest sectors, while Retail, Healthcare, and Real Estate lagged. The US high yield market ended the year with a yield of 6.62% and spread of 281.

For the full year, BBs were the best performing ratings segment, supported by the fall in the 10-year Treasury yield from 4.57% to 4.17%. Over the course of the year, Treasuries rallied because inflation expectations fell moderately while the Fed cut rates more than expected. Bs were the next best performing ratings segment, while CCCs lagged due to pockets of credit stress and occasional distressed exchanges (also known as Liability Management Exercises, or LMEs). For the year, Telecom, Healthcare, and Real Estate were the strongest sectors, while Transportation, Technology, and Banking lagged. During 2025, yields for US high yield fell from 7.47% to 6.62%, while spreads tightened from 292 to 281.

Looking ahead, some of the key themes in the US high yield market are:

- ◇ Economic growth: While unemployment has trended up recently, part of this rise is due to DOGE-related government job losses. Meanwhile, weekly unemployment claims have been steady, and some surveys show a slightly rebounding job market. We believe Fed cuts, OBBBA tax cuts, Trump-related deregulation, and AI spending should support steady growth around 2.5% in 2026.
- ◇ Federal Reserve overnight rates: Under Jerome Powell, the Fed cut rates three times in the second half of 2025 and may be inclined to pause. Trump's appointed Fed chair will take over in May, and the new chair will need to balance Trump's desire for lower rates with incoming economic data and maintaining inflation credibility with the bond market. As of today, the futures market expects two to three more cuts in 2026.
- ◇ Tariffs: While "Liberation Day" in April shocked the market, tariffs ultimately did not have a meaningful effect on growth or inflation in 2025. Companies found alternative ways to source products, some of the tariffs received relief from the Trump administration, and most imports from Mexico and Canada still arrive tariff-free under the existing United States-Mexico-Canada Agreement (USMCA), giving many products a tariff-free window to the US. Going forward, the delayed impact of existing tariffs and renegotiation of the USMCA could impact risk markets.
- ◇ AI boom: In 2025, AI meaningfully boosted growth via investment spending in research, data centers and power, and the equity wealth effect. Looking forward, the markets will seek to understand debt required to maintain the pace of investment, the returns on the investment, and the productivity impact of AI on other sectors.
- ◇ Credit performance: October saw certain frauds revealed in other credit markets (not the US high yield market), most notably First Brands and Tricolor, leading to general questions about credit trends across private debt, leveraged loans, and high yield. While additional frauds did not come to light, markets will continue to monitor credit trends and the prevalence of LMEs among stressed issuers.

Overall, we believe defaults in US high yield will remain contained in a steady growth environment, and yields in the 6.5% range will support attractive returns for the US high yield market.

## European and Global High Yield

The European high yield market returned 0.38% (local currency terms) in December, resulting in a 5.47% return for the year, as measured by the ICE BofA European Currency High Yield Constrained Index (HPC0). The holiday-shortened month of December saw European high yield hold steady to end 2025. For the full year, despite some brief volatility in April due to Trump's tariff actions, the market achieved a coupon-like return, supported by strong technicals, central bank easing, and a recovering European economy. During the year, we saw some notable dispersion, with BBs outperforming while CCCs significantly underperformed as investors avoided struggling credits with possible liability management outcomes. Looking forward, we see tailwinds from the positive economic impulse coming from Germany's fiscal stimulus, and a default rate that should remain historically low at close to 2%. Headwinds to performance could include a more robust new issue supply market, tight spreads, and higher Bund rates due to additional issuance from the fiscal stimulus. We also continue to monitor the situation in Ukraine and any progress towards a ceasefire in the region. We believe that a yield of 5.31% for the European high yield market will support an attractive risk-reward for investors over the next 12 months.

Turning to emerging markets, EM hard currency bonds had another month of positive returns in December, leading to double-digit returns for EM sovereign bonds and high single-digit returns for EM corporate credits for the full year 2025. The return of inflows into the asset class and supportive fundamentals were key performance drivers for EM fixed income in 2025. EM sovereign bonds, as proxied by the JPMorgan Emerging Markets Bond Index Global (EMBIG) gained 0.52% in December and 13.45% for the year. High yield sovereign credits, mainly from Latin America and Africa, performed the best with a return of 18.06% in 2025, while investment grade sovereign credits gained 10.16%. Meanwhile, EM corporate bonds, as proxied by the JPMorgan Corporate Emerging Markets Bond Index Broad Diversified (CEMBI BD) gained 0.48% in December and 8.73% in 2025, with high yield names slightly outperforming investment grade credits.



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